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ProForm®
Sport 5.5
Smart Treadmill

Short Description:

Connect with interactive personal training in your home with the ProForm Sport 5.5 smart treadmill. Link your own tablet or smartphone (not included) to your treadmill through a Bluetooth smart connection, and enjoy live and on-demand workouts in your living room. Browse the iFIT Library to choose between stunning Global Workouts filmed on-location around the world and energetic Studio Classes. Every workout is led by an expert iFIT Trainer who automatically adjusts your speed and incline to match real-world terrains and optimize every workout. ProShox cushioning helps keep you comfortable as you run and recover, while a multi-speed CoolAire workout fan makes your run a breeze.

Features:

iFIT® Bluetooth® Enabled, 30-Day Individual Membership Included*
Experience live and on-demand workouts led by expert iFIT Trainers, right in your living room. Choose between Global Workouts and Studio Classes, participate in Live Events, and enjoy Automatic Trainer Control. With iFIT, your trainers will auto-adjust your speed and incline to match real terrains and optimize every workout.

*Credit/debit card required for activation. After 30 days, iFIT auto-renews at then current rate (currently $15 USD/month) unless canceled in advance. Cancel any time.

5" High-Contrast Display
Track all your important workout stats on this easy-to-read display. For more advanced, personalized metrics, download the iFIT app and log into your account.

Integrated Device Shelf
Link your own tablet or smartphone (not included) to your treadmill with a Bluetooth smart connection to let your iFIT Trainers auto-adjust your speed and incline. Rest your device on this secure device shelf to stay engaged and motivated while you exercise.

ActivePulse™ Technology
This new, state-of-the-art technology uses your pulse to adjust your treadmill's speed and incline, keeping you in your target heart rate zone. Experience a completely personalized workout designed to help you maximize your effort. A Bluetooth heart rate monitor (sold

separately) is required to use ActivePulse. ActivePulse is not a medical device. Accuracy may vary

0-10 MPH Digital QuickSpeed™ Controls
With iFIT, your trainers will automatically adjust your speed to meet trainer suggestions and provide a hands-free experience. If you need to override your trainer, you can choose your own speed with the touch of a button.

0-10% Digital Quick Incline Controls
Your iFIT Trainers will automatically adjust your incline to match global terrains and optimize every workout. Or, you can set your own incline with the simple touch of a button.

2.6 CHP Mach Z™ Motor
This self-cooling motor allows you to run longer without having to worry about your treadmill overheating mid-workout.

18" x 55" Tread Belt
This spacious tread belt provides plenty of space to stretch out your stride and experience a comfortable run indoors.

ProShox™ Cushioning
Enjoy a more comfortable run and recovery thanks to integrated ProShox cushioning that helps disperse the impact of each step so that your knees stay in top shape.

Folding SpaceSaver® Design
After your workout, you can fold the Sport 5.5 treadmill deck up and out of the way. Reinforced with an EasyLift Assist shock, this feature helps you reclaim your living space.

CoolAire™ Workout Fan
A multi-speed workout fan is built right into your treadmill's console so that you can stay cool and comfortable as you exercise.

Dual 2" Speakers with Auxiliary Audio Port
Listen to your favorite iFIT Trainers through two high-quality speakers, or plug your own headphones (not included) into your treadmill to enjoy your exercise without disturbing those around you.

User Weight Capacity
300 Lbs.

Warranty
The Sport 5.5 smart treadmill is protected with a 10-year frame warranty and a 1-year parts & labor warranty. For more warranty information visit: http://bit.ly/proform_warranty